

## SET PERSONAL GOALS

You know what you want: to get into college, obtain your degree, and start a career. The question is: how do you get there? Setting specific, well-defined goals will help you progress toward your dreams.

### Organize Your Goals

Achieving your goals will be easier if you break them down into short-term, mid-term, and long-term objectives:

- **Short-term goals** can be quickly accomplished in days or a few weeks.
- **Mid-term goals** will take more time, sometimes weeks and even months.
- **Long-term goals** can take months or even years to achieve.

## ACTIVITY: CREATE YOUR ACTION PLAN

**Identify your goals and the steps you need to reach them. Be as specific and as realistic as possible. Check your plan often to see how you are doing, celebrate your successes, and make adjustments.**

**Short-Term Goals:** Write down two short-term goals that relate to your college readiness (e.g., get a B or better on next week's Spanish test):

**Goal 1:** \_\_\_\_\_

**Goal 2:** \_\_\_\_\_

**Give two measurable outcomes towards these goals** (e.g., prepare flash cards tonight after dinner, schedule two study sessions with friends who do well in Spanish):

**Outcomes for Goal 1:** \_\_\_\_\_

**Outcomes for Goal 2:** \_\_\_\_\_

**Mid-Term Goals:** Write down two mid-term goals related to preparing for college (e.g., improve my math grade for this semester or marking period):

**Goal 1:** \_\_\_\_\_

**Goal 2:** \_\_\_\_\_

**Give two measurable outcomes towards these goals** (e.g., ask my teacher or counselor for help finding a math tutor this semester, review problems I get wrong after each test with a tutor or teacher):

**Outcomes for Goal 1:** \_\_\_\_\_

**Outcomes for Goal 2:** \_\_\_\_\_

**Long-Term Goals:** Write down two long-term goals tied to your readiness for college and your future career (e.g., begin a career in journalism):

**Goal 1:** \_\_\_\_\_

**Goal 2:** \_\_\_\_\_

**Give two measurable outcomes towards these goals** (e.g., research college journalism programs online this month, work on the school newspaper this year, find an internship at a local newspaper this summer):

**Outcomes for Goal 1:** \_\_\_\_\_

**Outcomes for Goal 2:** \_\_\_\_\_

**Make a list of who can help keep you accountable with this action plan** (e.g., friends, family, teachers, school counselors): \_\_\_\_\_